



# ADULT INTAKE FORM

## PERSONAL INFORMATION

**Today's Date** \_\_\_\_\_  
**Name:** *(First MI Last)* \_\_\_\_\_ **Preferred Name:** \_\_\_\_\_  
**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_  
**Phone:** Cell \_\_\_\_\_ **Home** \_\_\_\_\_ **Work** \_\_\_\_\_  
**Text Reminders**  Y  N **Before Visit:**  1 Hr  4 Hrs  1 Day **Cell Provider:** \_\_\_\_\_  
**Email:** \_\_\_\_\_ **Gender:**  M  F **Marital Status:**  S  M  D  W  
**Social Security #:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_ **Age:** \_\_\_\_\_  
**Occupation:** \_\_\_\_\_ **Employer:** \_\_\_\_\_  
**Spouse Name:** \_\_\_\_\_ **Number of Children:** \_\_\_\_\_  
**Have you received chiropractic care before:**  Y  N **When:** \_\_\_\_\_ **Where:** \_\_\_\_\_  
**Referred By:** *(Name)* \_\_\_\_\_ Family / Friend / Co-Worker / Internet / Other Source

## EMERGENCY CONTACT

**Name:** *(First MI Last)* \_\_\_\_\_ **Contact #:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_  
**Primary Care Physician:** \_\_\_\_\_ **Contact #:** \_\_\_\_\_

## FINANCIAL INFORMATION / RESPONSIBLE PARTY

Insurance  Time-of-Service *(Cash)*  Personal Injury/Auto  Worker's Comp  Other \_\_\_\_\_  
**Primary Insurance Name:** \_\_\_\_\_ **Relationship to Insured:** Self / Spouse / Parent / Child  
*If Other than Self:* **Insured Name:** \_\_\_\_\_ **Date of Birth:** (MM/DD/YYYY) \_\_\_\_\_  
 I Have Medicare: \_\_\_\_\_ The Reason for this Visit is from a Recent Auto Accident: \_\_\_\_\_

## REASON FOR SEEKING CARE

**Describe Major Complaint:** \_\_\_\_\_  
**Describe any Secondary Complaints:** \_\_\_\_\_  
**Describe WHEN and HOW this began:** \_\_\_\_\_  
**Severity of Complaint:**  None (0)  Mild (1-2)  Mild-Mod (2-4)  Moderate (4-6)  Mod-Severe (6-8)  Severe (8-10)  
**Quality of the Complaint/Pain:**  Sharp  Stabbing  Burning  Achy  Dull  Stiff & Sore  Other \_\_\_\_\_  
**Frequency of Complaint:**  Intermittent  Constant **Condition Worse in the:**  Morning  Mid-day  Evening  
**Does this complaint radiate/shoot to any areas of your body?**  No  Yes *(Describe)* \_\_\_\_\_  
**Does anything make the complaint better?**  Ice  Heat  Rest  Movement  Stretching  Other \_\_\_\_\_  
**Does anything make the complaint worse?**  Sit  Stand  Walk  Lying  Sleeping  Overuse  Other \_\_\_\_\_  
**Have you seen any other Doctor(s) for current condition:**  Yes  No  
**If Yes, describe treatment rendered:** \_\_\_\_\_

*Doctor's Comments:*

**PATIENT SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_ **DOCTORS INITIALS** \_\_\_\_\_

## HEALTH HISTORY

**Medications and Supplements:**  Yes. List below  None

| Name | Dosage | Frequency | Method |
|------|--------|-----------|--------|
|      |        |           |        |
|      |        |           |        |
|      |        |           |        |

## PAST HEALTH HISTORY

**Number of falls in the last 24 months:** \_\_\_\_\_ **Injuries from fall(s):** \_\_\_\_\_

**Surgeries:**  Yes. List below  None

| Date | Area of the Body | Reason |
|------|------------------|--------|
|      |                  |        |
|      |                  |        |
|      |                  |        |

**Major Injuries / Traumas / Hospitalizations:**  Yes. List below  None

| Date | Describe |
|------|----------|
|      |          |
|      |          |
|      |          |
|      |          |

## FAMILY HEALTH HISTORY

**List relevant major health problems of first-degree relatives:** or  N/A

| Problem | Parent<br>(M or F) | Sibling<br>(B or S) | Child<br>(M or F) |
|---------|--------------------|---------------------|-------------------|
|         |                    |                     |                   |
|         |                    |                     |                   |
|         |                    |                     |                   |
|         |                    |                     |                   |

## LIFESTYLE AND SOCIAL HISTORY

**Lifestyle:** Please previous and present lifestyle choices:

| Lifestyle   | Previously (1+ years ago) | Presently (within past 12 months) |
|-------------|---------------------------|-----------------------------------|
| Hobbies     |                           |                                   |
| Exercise    |                           |                                   |
| Recreation  |                           |                                   |
| Diet        |                           |                                   |
| Work        |                           |                                   |
| Other _____ |                           |                                   |

**Smoking/Tobacco Use:**  Every Day  Some Days  Former  Never

| Habit       | Frequency (daily, weekly, monthly, occasionally, etc.) |
|-------------|--|
| Smoking     |  |
| Tobacco     |  |
| Alcohol     |  |
| Caffeine    |  |
| Rec. Drugs  |  |
| Other _____ |  |

**PATIENT SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_ **DOCTORS INITIALS** \_\_\_\_\_

## REVIEW OF SYSTEMS

Check "P" for Past, "C" for Current – if past and current, check both boxes.  
If it does not apply, please check *None in this Category*.

### General: (constitutional)

- P C Recent Weight Change  
P C Fever  
P C Fatigue  
P C *None in this Category*

### Musculoskeletal

- P C Low Back Pain  
P C Mid Back Pain  
P C Neck Pain  
P C Arm Problems \_\_\_\_\_  
P C Leg Problems \_\_\_\_\_  
P C Painful Joints  
P C Stiff/Swollen Joints  
P C Sore/Weak Muscle/Joints  
P C Muscle Spasms/Cramps  
P C Broken Bones \_\_\_\_\_  
P C Other: \_\_\_\_\_  
P C *None in this Category*

### Neurological

- P C Numbness/Tingling  
P C Loss of Feeling  
P C Dizziness/light headed  
P C Frequent/Recurrent Headaches  
P C Convulsions/seizures  
P C Tremors  
P C Stroke  
P C Other: \_\_\_\_\_  
P C *None in this Category*

### Mind/Stress

- P C Nervousness  
P C Depression  
P C Sleep Problems  
P C Memory loss/Confusion  
P C Other: \_\_\_\_\_  
P C *None in this Category*

### Genitourinary

- P C Sexual Difficulty  
P C Kidney Stones  
P C Burning/Painful Urination  
P C Frequent Urination  
P C Incontinence or Bed Wetting  
P C Other: \_\_\_\_\_  
P C *None in this Category*

### Gastrointestinal

- P C Loss of Appetite  
P C Blood in stool  
P C Change in bowel movements  
P C Nausea or Vomiting  
P C Abdominal pain  
P C Frequent diarrhea  
P C Constipation  
P C Other: \_\_\_\_\_  
P C *None in this Category*

### Cardiovascular & Heart

- P C Chest Pains  
P C Rapid or heartbeat changes  
P C Blood Pressure Problems  
P C Swelling of hands, ankles, or feet  
P C Heart problems  
P C Other: \_\_\_\_\_  
P C *None in this Category*

### Respiratory

- P C Difficulty breathing  
P C Persistent Cough  
P C Coughing blood  
P C Asthma or Wheezing  
P C Lung problems  
P C Other: \_\_\_\_\_  
P C *None in this Category*

### Eyes & Vision

- P C Wear contacts/glasses  
P C Blurred/Double vision  
P C Glaucoma  
P C Eye disease or injury  
P C Other: \_\_\_\_\_  
P C *None in this Category*

### Ears, Nose, & Throat

- P C Bleeding gums  
P C Bad breath or bad taste  
P C Dental problems  
P C Swollen throat or voice change  
P C Swollen glands in neck  
P C Ringing in ears  
*\*Continued on top of next column*

- P C Ear – ache or drainage  
P C Sinus/Allergy problems  
P C Nose Bleeds  
P C Hearing problems  
P C Other: \_\_\_\_\_  
P C *None in this Category*

### Endocrine, Hematologic, & Lymphatic

- P C Thyroid problems  
P C Diabetes  
P C Excessive thirst or Urination  
P C Cold extremities  
P C Heat or Cold intolerance  
P C Dry skin  
P C Glandular or hormone problem  
P C Swollen glands  
P C Anemia  
P C Easily bruise/bleed  
P C Immune system disorder  
P C Other: \_\_\_\_\_  
P C *None in this Category*

### Skin & Breasts

- P C Rash or Itching  
P C Change in skin color  
P C Change in hair/nails  
P C Non-healing sores  
P C Breast Pain  
P C Breast Lump  
P C Breast Discharge  
P C Other: \_\_\_\_\_  
P C *None in this Category*

### Women Only:

- P C Pregnancy  
P C Infertility  
P C Painful or Irregular periods  
P C Vaginal Discharge  
P C Other: \_\_\_\_\_  
P C *None in this Category*

I have read the above information and certify it to be true and correct to the best of my knowledge, and hereby authorize this office to provide me with chiropractic care in accordance with this state's statutes.

PATIENT OR GUARDIAN SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

Doctor Signature \_\_\_\_\_

Date \_\_\_\_\_

Initials \_\_\_\_\_